

Carrying in the cold

Be aware of the risk of overheating.

Make sure airway is open and face is clear of fabric.

Ensure a well supported position.

Use layers instead of padded clothing.

Protect extremities.

Plan clothing choices to accommodate your child's needs.

Prepare for the environment and weather around you.



**Carrying
Matters**

Read more at
www.carryingmatters.co.uk
Search - cold weather

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