

**Empower yourself with knowledge
Master the sling and the feeding
and then combine the skills!**

HEAD SUPPORTED

CHIN OFF CHEST

**Bottle
and
Breastfeeding
in a sling**

CAN BE DONE

SAFELY

**ask your local sling
consultant for help**

Sheffield
Sling
Surgery

**No fabric over face
or behind head**

**Delatch when sleeping
reposition upright**

